

## Webinar 1 of 4

# Developing and implementing digital health apps at CAMH

## An overview of A4i and Hope By CAMH

Join for this live webinar on

**May 7, 2025**

**12:00-1:00 p.m. ET**

### OVERVIEW

This interactive presentation provides an overview of two digital mental health technologies:

- ✓ A4i (App4Independence), a platform for supporting people with severe mental health and addiction challenges. Currently, it supports the recovery processes in psychosis, schizophrenia and (newly) opioid use disorders.
- ✓ Hope By CAMH, an app for people experiencing suicidal thoughts. It provides suicide prevention information, evidence-based tools, and crisis resources.

### MEET THE PRESENTERS

#### Sean A. Kidd, Ph.D., C.Psych.



Sean is a clinical psychologist by training and a senior scientist and the psychology division chief at CAMH. His work includes the development and testing of interventions for youth experiencing homelessness, people with severe mental illness, and the health equity implications of climate change. He has

been working in the area of digital mental health for the past eight years.

#### Gillian Strudwick, RN, PhD.



Gillian is a registered nurse, holding the positions of Scientific Director (interim) of the Digital Innovation Hub, senior scientist within the Krembil Centre for Neuroinformatics, and Chief Clinical Informatics Officer at CAMH. As a tri-council funded researcher, she conducts research at the intersection of

mental health, digital health and implementation science.

### TOPICS

- The process of using co-design and iterative approaches in the development of digital health technologies.
- Key considerations for implementation with a focus on digital navigators.
- Future developments: Artificial intelligence (AI) and electronic medical records (EMR).

### Audience

- Health care professionals: Academics, leaders, practitioners, planners and researchers.
- People with lived/living experience: Families, patients, peer support workers, and program engagement co-facilitators.

### Agenda

- 4 min.: Welcome and introduction
- 30 min.: Interactive presentation
- 25 min.: Questions and answers, with discussion
- 1 min.: Wrap-up

### Accreditation

Information will be provided.

### Cost and registration

To attend, you must register online.

- For this webinar only: \$30. Register here: <https://app.certain.com/profile/3445157>
- For all four webinars: \$100. Register here: <https://app.certain.com/profile/3445537>

These events are free for CAMH staff, physicians, patients and their partners, which includes family (as identified by the patient), patient engagement co-facilitators, and peer support. Note: This free registration requires a CAMH email address.

For more information, contact [courses.help@camh.ca](mailto:courses.help@camh.ca)