


Monday	Tuesday	Wednesday	Thursday	Friday
Registration Website: clc.camh.ca Email: clc@camh.ca Phone: 365-275-7135 or 1 800 463-2338, ext. 36077 (toll free)		1	2 Yale LET's Lead 1:00pm-3:00pm	3 Music Appreciation Group 12:00pm-1:00pm
6	7 Peer Support Drop-in Group 12:00pm-1:00pm Pet Therapy with Pelusa 2:00pm-3:00pm Crafternoons 3:00pm-4:00pm	8 Eco Grief 1:00pm-3:00pm Zine-Making 2:30pm-4:00pm	9 Pet Loss & Grief 1:00pm-2:30pm Yale LET's Lead 1:00pm-3:00pm	10 Music Appreciation Group 12:00pm-1:00pm Writing Drop-In Group 1:00pm-2:30pm
13 Trans Health Care 4:30pm-6:30pm	14 Peer Support Drop-in Group 12:00pm-1:00pm Pet Therapy with Pelusa 2:00pm-3:00pm Crafternoons 3:00pm-4:00pm	15 Eco Grief 1:00pm-3:00pm Zine-Making 2:30pm-4:00pm	16 Pet Loss & Grief 1:00pm-2:30pm Yale LET's Lead 1:00pm-3:00pm	17 Music Appreciation Group 12:00pm-1:00pm Writing Drop-In Group 1:00pm-2:30pm
20 Trans Health Care 4:30pm-6:30pm	21 Peer Support Drop-in Group 12:00pm-1:00pm Pet Therapy with Pelusa 2:00pm-3:00pm Crafternoons 3:00pm-4:00pm	22 CLC Town Hall 12:00pm-1:00pm Eco Grief 1:00pm-3:00pm Zine-Making 2:30pm-4:00pm	23 Pet Loss & Grief 1:00pm-2:30pm	24 Music Appreciation Group 12:00pm-1:00pm Writing Drop-In Group 1:00pm-2:30pm
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18	19	20	21	22
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25	26	27	28	29
Statutory Holiday	Statutory Holiday			

Upcoming Courses

Trans Health Care

Navigating trans-specific resources can feel overwhelming. Join us in a gentle, trans-centred space that aims to help guide participants through trans-specific care. All trans voices are welcome.

Mondays | November 13th – December 4th | 4:30pm-6:30pm EST | Virtual | Ongoing registration

Eco-Grief

This 6-week facilitated writing group is designed for people coping with grief, anxiety, hopelessness, and dread as it relates to the destruction of our precious earth and the climate crisis.

Wednesdays | November 8th – December 13th | 1pm-3pm EST | Virtual | Pre-registration required

Zine-Making

Hosted by Inkwell Workshops, this 6-week zine-making group will provide a chance to learn about the history of independent, do-it-yourself style zine-making and make an individual mini zine!

Wednesdays | November 8th – December 20th (except Nov. 29th) | 2:30pm-4pm EST | Virtual |

Pre-registration required

Pet Loss: Writing to Heal

This 6-week group will provide a supportive space to write and share memories, and experience of loss while moving forward and adjusting to life without our beloved animals.

Thursdays | November 9th – December 14th | 1pm-2:30pm EST | Virtual | Pre-registration required

Peer Support Drop-In Group

We understand that mental health struggles can be overwhelming and isolating, and our goal is to provide a sense of connection and belonging in the group. Join us for an interactive drop-in group Every Tuesday until December 19th | 12pm-1pm EST | Virtual | Ongoing registration

Ongoing Registration

These courses you can register for at any time. Registrations are accepted on a continuous basis.

Pre-Registration/Closed

Courses which require you to sign up before the start date. If the course has already begun, it will be listed as "closed."

Waitlist

This course is full. Register to be notified of open spaces.

Register at clc.camh.ca

If you or someone you know are interested in learning more about the Collaborative Learning College, please visit clc.camh.ca.
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Ongoing/Upcoming Courses

Music Appreciation Group

Hosted by Mobile Arts Programming, this group provides a platform for discussion about all things music and is open to anyone who listens to music. Additionally, there is an option to explore music creation using a web-based program.

Every Friday until December 15th | 12pm-1pm EST | Virtual | Ongoing registration

Writing Drop-In Group

Hosted by InkWell Workshops, this writing group will provide a dedicated space for writers of all experience levels to maintain a weekly writing practice, including working on writing prompts, sharing work and receiving feedback. Fridays | November 10th – December 15th | 1pm-2:30pm EST | Virtual | Ongoing registration

Crafternoons: Crochet

Participants will learn step-by-step to crochet and make amigurumi (the Japanese art of small yarn creatures) to transform yarn into comfort items: a cup cozy and an emotional support pickle. No experience needed.

Tuesdays | November 7th – 28th | 3pm-4pm EST | Hybrid (virtual and in-person) | Pre-registration required

Pet Therapy with Pelusa

Join Pelusa in the Patient & Family Learning Space. Pelusa is a former street dog from Mexico who now calls Toronto home. She believes that everyone is a friend she hasn't met yet. We don't know her breed and we don't know her age, but we do know she is 100% adorable.

Every Tuesday until December 12th | 2pm-3pm EST | 1025 Queen St. West | No registration required

Yale LET's Lead

A transformational leadership program offered in partnership with Yale University.

Thursdays | September 21st- December 7th | 1pm-3pm EST | Virtual | Closed

CLC Town Hall

Join us for our town hall where we will share updates about what is happening with the CLC and hear from you about what you want to see in the future.

Wednesday November 22nd | 12pm-1pm EST | Virtual | Pre-registration required

Ongoing Registration

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