

Collaborative Learning College

January

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Stat Holiday	3	4	5	6
9	10 Peer Support Group 12:00pm-1:00pm Creative Writing Essentials 1:00pm-2:30pm	11 Intro to Novel Writing Story Structure 1:00pm-2:30pm	12 Boundary Setting 10:00am-11:30am	13
16	17 Peer Support Group 12:00pm-1:00pm Creative Writing Essentials 1:00pm-2:30pm	18 Intro to Novel Writing Story Structure 1:00pm-2:30pm	19 Boundary Setting 10:00am-11:30am CLC Information Session 2:00pm-3:00pm	20
23	24 Peer Support Group 12:00pm-1:00pm Creative Writing Essentials 1:00pm-2:30pm	25 Intro to Novel Writing Story Structure 1:00pm-2:30pm	26 Boundary Setting 10:00am-11:30am	27
30	31 Peer Support Group 12:00pm-1:00pm Creative Writing Essentials 1:00pm-2:30pm Financial Literacy for Youth 6:00pm-7:30pm			

TO REGISTER:

Website: clc.camh.ca

Phone: 416-524-2137 or 1800-463-2338 x 36077 (toll free)

Email: clc@camh.ca

camh

Collaborative Learning College

February

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Intro to Novel Writing Story Structure 1:00pm-2:30pm Making Music with Technology 5:30pm-6:30pm	2 Facilitation Training 10:00am-12:00pm Writing Your Lived Experience 2:30pm-4:00pm Cooking Theory 5:00pm-6:00pm	3
6	7 Peer Support Group 12:00pm-1:00pm Creative Writing Essentials 1:00pm-2:30pm Financial Literacy for Youth 6:00pm-7:30pm	8 Intro to Novel Writing Story Structure 1:00pm-2:30pm Making Music with Technology 5:30pm-6:30pm	9 Facilitation Training 10:00am-12:00pm Writing Your Lived Experience 2:30pm-4:00pm Cooking Theory 5:00pm-6:00pm	10
13	14 Peer Support Group 12:00pm-1:00pm Creative Writing Essentials 1:00pm-2:30pm Financial Literacy for Youth 6:00pm-7:30pm	15 Dealing with Loneliness 10:00am-11:30am Intro to Novel Writing Story Structure 1:00pm-2:30pm Making Music with Technology 5:30pm-6:30pm	16 Facilitation Training 10:00am-12:00pm Writing Your Lived Experience 2:30pm-4:00pm Cooking Theory 5:00pm-6:00pm	17
20 Stat Holiday	21 Peer Support Group 12:00pm-1:00pm Financial Literacy for Youth 6:00pm-7:30pm	22 Dealing with Loneliness 10:00am-11:30am Making Music with Technology 5:30pm-6:30pm	23 Facilitation Training 10:00am-12:00pm Writing Your Lived Experience 2:30pm-4:00pm Cooking Theory 5:00pm-6:00pm	24 Town Hall 12:00pm-1:00pm
27	28 Peer Support Group 12:00pm-1:00pm Financial Literacy for Youth 6:00pm-7:30pm			

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January & February

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Ongoing Registration:

These courses you can register for at any time. Registrations are accepted on a continuous basis.

Pre-Registration/Closed:

Courses which require you to sign up before the start date. If the course has already begun, it will be listed as "closed."

Waitlist:

This course is full. Register to be notified of open spaces.

Peer Support Drop-In Group

In collaboration with Health Out Loud, we bring you an interactive peer support group for informal discussion and mutual support.

Every Tuesday | 12pm-1pm | [Ongoing registration](#)

Creative Writing Essentials

In collaboration with Inkwell, this course invites participants to explore creative writing and storytelling techniques while building a mindful writing practice.

Tuesdays | January 10th - February 14th | 1pm-2:30pm | [Pre-registration required](#)

Intro to Novel Writing Story Structure

In collaboration with Inkwell, this course is an introduction to story structure for writers looking to pursue traditional publishing.

Wednesdays | January 11th - February 15th | 1pm-2:30pm | [Pre-registration required](#)

Boundary Setting

In this 3-session course, we will be exploring what boundaries are and practicing skills for identifying, setting and asserting your boundaries.

Thursdays | January 12th - January 26th | 10am-11:30am | [Ongoing registration](#)

Financial Literacy for Youth

Join us as we unpack all of the jargon and acronyms, while answering your questions on topics such as taxes, bank accounts, budgeting and investments.

Tuesdays | January 31st - March 28th | 6pm-7:30pm | [Ongoing registration](#)

CLC Information Session

This is an introduction for anyone who wishes to learn more about the Collaborative Learning College. All are invited to attend.

Thursday January 19th | 2pm-3pm | [Pre-registration required](#)

Making Music with Technology

Learn how music can be composed using computers, synthesizers, mobile phones, and other digital technologies and collectively compose a piece of music.

Wednesdays | February 1st - March 8th | 5:30pm-6:30pm | [Ongoing registration](#)

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Waitlist:

This course is full. Register to be notified of open spaces.

Facilitation Training

This 10-week course will cover fundamental facilitation skills while providing opportunities for practice in a supportive setting.

Thursdays | February 2nd - April 6th | 10am-12pm | [Pre-registration required](#)

Writing Your Lived Experience

Hosted by Inkwell, this course will focus on creative techniques for the true stories of writers who have lived/living experiences of mental health.

Thursdays | February 2nd - March 9th | 2:30pm-4pm | [Pre-registration required](#)

Cooking Theory

Up your cooking game with this interactive course. Learn how to pair ingredients to maximize flavour, adapt the dishes you love and improve your technique!

Tuesdays | February 2nd - 23rd | 5pm-6pm | [Ongoing registration](#)

Dealing With Loneliness

Join us as we explore the impacts our surroundings and others can have on our emotions and how to take back control using our own personal resources.

Wednesday February 15th & 22nd | 10am-11:30am | [Pre-registration required](#)

Town Hall

Share your suggestions and feedback on how we can better meet community needs.

Friday February 24th | 12pm-1pm | [Pre-registration required](#)

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