# **Treatment Centres and Healing Lodges**

This resource is a collection of community-based Indigenous mental health and/or addiction treatment centres. Shkaabe Makwa does not endorse or recommend these services. Please complete your own research when choosing a mental health service.



## Agichi'giizhigoonsag Program

Intended for Indigenous youth who are interested in participating in Ojibwe cultural practices and teachings. This program includes land-based activities associated with the Ojibwe practices on Treaty #3 lands.

Type of Program: Land-based

Population served: Youth ages 12-18

Location: Washagamis Bay First Nation

(Keewatin, ON)

wnhac.org/agichigiizhigoonsag-program

(k) 1-888-MYWNHAC (699-6422)

#### **Anishnawbe Health Toronto**

Anishnawbe Health Toronto's model of health care is based on Indigenous culture and traditions and is the only facility in Toronto that cares for Indigenous clients with both western and traditional approaches to health care.

Type of Program: Out-patient

Population served: 16+

Location: Toronto, ON

aht.ca

**)** (416) 657-0379

✓ cpike@aht.ca

#### Benbowopka Treatment Centre/Anishnabie Naadmaagi Gamig

Provides a culturally based Harm Reduction model of services to those seeking residential treatment for substance abuse. This program is part of a continuum of addictions service being delivered by North Shore Tribal Council.

Type of Program: In-patient | Out-patient

Population served: 18+

Location: Blind River, ON

<u>benbowopka.com</u>

**(705) 356-1681** 

exdir@bellnet.ca (Executive Director)
referral\_1@bellnet.ca (Referrals)

# Biidaaban Healing Lodge

Works collectively with all Robinson- Superior Treaty Nations to facilitate individual recovery, family healing and community rehabilitation.

Type of Program: In-patient | Out-patient

**Population served:** Aboriginal population in the Robinson-Superior area

Location: Biigtigong Nishnaabeg, ON

**biidaaban.com** 

(807) 229-3592 | Toll-free: 1-888-432-7102

1R0info@biidaaban.com

# Dan Pine Healing Lodge

Offer client-based services, participants-based activities, traditional services and activities which include residential and day programs encompassing contemporary and traditional therapies to promote healthy individuals, relationships, and families.

Type of Program: In-patient | Out-patient

**Population served:** North Shore First Nations (18+) including the Aboriginal population in Sault Ste. Marie and Ontario

Location: Garden River, ON

grwc.ca/dan-pine-healing-lodge

(705) 248-2231 | (705) 946-5710

Laurie Souliere (Intake Worker): Ilesage@grhc.ca

# Dilico Adult Residential Treatment Centre

Promotes healing and well-being of the Anishinabek people using an integrated holistic approach in a way that honours values, culture and traditions.

**Type of Program:** In-patient | Out-patient | Aftercare

Population served: 18+

Location: Thunder Bay, ON

**dilico.com** 

**(**807) 623-7963

johndixon@dilico.com

# **Enaahtig Healing Lodge and Learning Centre**

Provides opportunities for holistic healing and learning based on the principles of Indigenous culture, to individuals and families in a safe environment in order to foster healthy, balanced communities and nations.

Type of Program: In-patient | Out-patient

Population served: Youth ages 12-17 | 18+

Location: Victoria Harbour, ON

enaahtig.ca

**(**705) 534-3724

admin@enaahtig.ca

#### Gamikaan Bimaadiziwin

Supports culture and land-based healing for individuals who have entered a cycle of involvement with the justice system, risk to life activities and ongoing struggle with their mental health and addiction illnesses.

Type of Program: Land-based

Population served: Anishinaabe adults

Location: Bug Lake (Sioux Narrows), ON

indigenoussolutions.ca

**(** 1-807-456-3493

info@indigenoussolutions.ca

#### Gwekwaadziwin Miikan Youth Mental Health & Addiction Program

Weaves traditional culture with therapeutic best practices, education, life skills, and outdoor experiential learning to support youths and young adults on their path of recovery, from stabilization, through treatment, aftercare, and transition back to their community.

Type of Program: Land-based | Live-in

Treatment | Aftercare

Population served: Indigenous youth and

young adults ages 19-30

Location: Little Current, ON

**o** gwek.ca

**(**705) 370-5307

#### Ka-Na-Chi-Hih Solvent Abuse Centre

This program is holistic in nature and uses traditional as well as contemporary models of treatment to help our clients deal with their habitual use of solvents/solvents.

**Type of Program:** In-patient | Out-patient | Aftercare

**Population served:** First Nation youth ages 18-30

Location: Thunder Bay, ON

kanachihih.org

(807) 623-5577 | Toll-free: 1-888-863-1560

Jacob Moore (Continuous Care Facilitator): <a href="mailto:jmoore@kanachihih.ca">jmoore@kanachihih.ca</a>

## Migisi Alcohol and Drug Treatment Centre

A residential facility with holistic services offered to those who seek assistance in dealing with their alcohol and/or drug dependence.

Type of Program: In-patient

Population served: 19+

Location: Kenora, ON

(807) 548-5959

migisitreatmentcentre@bellnet.ca

# Mino Ayaa Ta Win Healing Centre

Bi-cultural services and interventions dealing with grief, trauma, loss, anger management, trauma and abuse, and more.

**Type of Program:** In-patient | Medically Supervised Detox Services | Aftercare

Population served: 18+

Location: Fort Frances, ON

fftahs.com/mino-ayaa-ta-win-healing-centre

**(**807) 271-0194

bhsintake@fftahs.com

### Native Horizons Treatment Centre

Committed to wellness, encompassing a holistic philosophy to address mental health and addictions in a residential setting that meets the unique needs of Native populations.

**Type of Program:** In-patient | Out-patient | Day-Patient | Family | Virtual

Population served: 18+

Location: Hagersville, ON

nhtc.ca

(905) 768-5144 | Toll-free: 1-877-330-8467

info@nhtc.ca

# Ngwaagan Gamig Recovery Centre Inc. - Rainbow Lodge

Dedicated to the delivery of culturallybased addictions treatment and prevention services.

Type of Program: In-patient | Out-patient

Population served: 18+

Location: Wikwemikong, ON

ngwaagan.ca

**(**305) 859-2324

rmanitowabi@ngwaagan.ca

# Nimkee NupiGawagan Healing Centre

Committed to empowering Indigenous youth, families, and communities through culturally based holistic treatment and recovery services

Type of Program: In-patient

Population served: Indigenous youth ages

12-25

Location: Muncey, ON

nimkee.org

**(**519) 264-2277

## Onyota'a:ka Family Healing Lodge

Provide safety, crisis intervention, support and referrals for abused individuals and families on a 24/7/365 basis. Also offers advocacy in the areas of housing, legal issues, financial needs and medical assistance.

**Type of Program:** Emergency shelter for up to six (6) weeks

**Population served:** Oneida Citizens and residents of the Oneida Settlement

Location: Southwold, ON

oneida.on.ca/onyotaaka-family-healing-lodge

**(**519) 652-0657

# Reverend Tommy Beardy Memorial We Che He Wayo-Gamik Family Treatment Centre

A residential family treatment centre for alcohol and drug abuse. The philosophy of the Treatment Centre is based on the traditional values, beliefs and spirituality of the Ojibwas and Cree people of the Aski-Nishnawbe First nations.

Type of Program: In-patient

Population served: 49 communities of the

Nishnawbe Aski Nation (NAN)

Location: Muskrat Dam, ON

<u>rtbfamilytreatmentcentre.com</u>

(807) 471-2554 | Toll-free: 1-800-265-9796

tommybeardytc@gmail.com

# Sagashtawao Healing Lodge

A residential treatment program for First Nation adults and families who are challenged with drug and/or alcohol addiction.

Type of Program: In-patient

Population served: 0-17 (Family Healing Plan

only) | 18+

Location: Moosonee, ON

sagashtawao.ca

(705) 336-3450

Collette Hookimaw (Executive Director): collette.hookimaw@sagashtawao.ca

# Waashkootsi Nanaandawe'iyewigamig Healing Lodge

A culture-based, residential healing program intended to break the cycles of violence, abuse, and addictions by addressing underlying causes and developing knowledge and skills that support healthy lifestyles.

**Type of Program:** 20-day Healing Program | Out-patient

Population served: 16+

Location: Keewatin, ON

wnhac.org/wholistic-health-services/spirit

**(** 1-888-MYWNHAC (699-6422)