

MI Introduction and Application Course (Online)

September 2019

Core features:

- **MI Clinic:**
Simulation-based learning with coaching and feedback on practice through real-time, two-way video conferencing
- Practice-based individual learning
- Live web-based discussions
- 22 hours of multimodal learning

Cost: \$650.00

Description

This course provides an overview of the four-process model of motivational interviewing (MI) based on the book, *Motivational Interviewing: Helping People Change* (Third edition, 2013). The course prepares practitioners to implement the four-process model in diverse practice settings.

camh
mental health is health

Audience

This course is appropriate for health care providers and allied health care workers with direct client care responsibilities.

Structure

This course offers 22 hours of learning. It incorporates structured, self-directed and practice based learning designed to assist you to incorporate evidence-based knowledge into your practice. Practice-based learning tasks require application of MI with patients in the participant's practice setting.

Module titles

- Module 1: Foundational concepts and skills
- Module 2: Four processes
- Module 3: Applied practice

Prerequisite(s)

It is expected that participants will have prior experience in counselling and clinical communication skills. The program will not teach basic counselling skills.

Accreditation

- Information will be provided

Registration and cancellation policy

- Prior to registering, please review our registration course cancellation policies.

Registration

\$650.00 all disciplines
\$550.00 CD course participants (4 spots)

Faculty

The course is led by CAMH staff from diverse disciplines in health care. They are members of the Motivational Interviewing Network of Trainers (MINT), an international collective of trainers in MI.

Live web-based sessions require a computer headset with microphone or in-ear headphone with a microphone

Contact

Sandra Bennett
sandra.bennett@camh.ca
Tel: 416.535.8501 Ext. 36732
courses.help@camh.ca