



2021

Motivational Interviewing (MI): Foundations of Practice

Self-directed online learning

Description

This course provides an overview of the method of MI and goes beyond the definition to examine how and why MI works. It focuses on,

- The efficacy and effectiveness of MI
- The facilitative role of the spirit of the method in attending to client language about change.
- Providing information and advice in a style consistent with MI
- The four processes of MI
- The process of recognizing, evoking and responding to change talk
- Strategies for responding to sustain talk and discord

MI Foundations of Practice Course (Online)

Dates

September 1-30, 2021
October 1-29, 2021

Core features:

Self-directed learning
(13 hours)

Video demonstrations of
MI skills and strategies

Virtual office hours

Post course

MI Community of Practice
with live web-based
sessions

Cost

General Fee: \$300.00
CAMH staff: \$75.00

Structure

This self-directed course offers 13 hours of learning. The course has two modules and a post course community of practice.

Module titles

- MI: Foundational concepts and skills (4 hours)
- MI: Four processes (9 hours)
 - Engaging
 - Focusing
 - Evoking
 - Planning

Post course

- Reinforcement of learning

Audience

This course is appropriate for individuals interested in learning about motivational interviewing,

- allied health care and peer support workers
- coaches
- community and social service workers
- correctional officers/correction service
- educators
- health care practitioners (all disciplines)
- students

Accreditation

- Information will be provided

Registration

- This is a stand-alone course. It is **not applicable** as an elective course towards the completion of the concurrent disorders certificate program or the opioid dependence treatment (ODT) certificate program.
- [Complete this pre-registration form](#)

Faculty

The course is developed by CAMH staff who are members of the MI Network of Trainers (MINT), an international collective of trainers in MI.

Contact

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