

2021Motivational interviewing (MI): Introduction and application course

Description

This course provides an overview of the four-process model of motivational interviewing (MI) based on the book, Motivational Interviewing: Helping People Change (Third edition, 2013). The course prepares health care practitioners to implement the four-process model in diverse practice settings.

camh mental health <u>is</u> health

MI Introduction and Application Course (Online)

Dates

March 15-May 29, 2021 May 3 – July 23, 2021 Sept. 1-N0v. 12, 2021 Jan. 17-March 28, 2022

Core features:

Virtual MI Clinic:
Simulation-based learning
with coaching and
feedback on practice
through real-time, two-way
video conferencing

Practice-based individual learning

Live web-based discussions

22 hours of multimodal learning

Cost: \$650.00

Audience

This course is appropriate for **health care practitioners** with direct client care responsibilities.

Structure

This course offers 22 hours of learning. It incorporates structured, self-directed and practice based learning designed to assist you to incorporate evidence-based knowledge into your practice. Practice-based learning tasks require application of MI with patients in the participant's practice setting.

Module titles

- Module 1: Foundational concepts and skills
- Module 2: Four processes
- Module 3: Applied practice

Prerequisite(s)

It is expected that participants will have,

- prior experience in counselling and clinical communication skills. The program will not teach basic counselling skills.
- access to an appropriate work setting in which it is possible to use MI strategies with patients virtually or face to face.

Accreditation

Information will be provided

Registration and cancellation policy

- Prior to registering, please review our registration course cancellation policies.
- This is a stand-alone course. It is also an elective course towards the completion of the concurrent disorders certificate program or the opioid dependence treatment (ODT) certificate program

Registration

Complete this pre-registration form

\$650.00 all disciplines \$550.00 CD course participants (limited spots)

Faculty

The course is led by CAMH staff from diverse disciplines in health care. They are members of the Motivational Interviewing Network of Trainers (MINT), an international collective of trainers in MI.

Resources

Live web-based sessions require a computer headset with microphone or in-ear headphone with a microphone

Contact

Sandra Bennett sandra.bennett@camh.ca Tel: 416.535.8501 Ext. 36732 courses.help@camh.ca