



2021 Motivational Interviewing (MI): Foundations of Practice

Self-directed online learning with virtual office hours

Description

This course provides an overview of the method of MI and goes beyond the definition to examine how and why MI works. It focuses on,

- The efficacy and effectiveness of MI
- The facilitative role of the spirit of the method in attending to client language about change.
- Providing information and advice in a style consistent with MI
- The four processes of MI
- The process of recognizing, evoking and responding to change talk
- Strategies for responding to discord and sustain talk

MI Foundations of Practice Course (Online)

Dates

May 3-31, 2021
June 1-30, 2021
July 5-30, 2021
September 1-30, 2021
October 1-29, 2021
November 1-30, 2021

Core features:

Self-directed learning
(13 hours)

Video demonstrations of
MI skills and strategies

Virtual office hours

Post course

MI Community of Practice
with live web-based
sessions

Cost: \$300.00

Structure

This self-directed course offers 13 hours of learning. The course has two modules and a post course community of practice.

Module titles

- MI: Foundational concepts and skills (4 hours)
- MI: Four processes (9 hours)
 - Engaging
 - Focusing
 - Evoking
 - Planning

Post course

- Reinforcement of learning

Audience

This course is appropriate for individuals interested in learning about motivational interviewing,

- allied health care and peer support workers
- coaches
- community and social service workers
- correctional officers/correction service
- educators
- health care practitioners (all disciplines)
- students

Accreditation

- Information will be provided

Registration

- This is a stand-alone course. It is **not applicable** as an elective course towards the completion of the concurrent disorders certificate program or the opioid dependence treatment (ODT) certificate program.
- [Complete this pre-registration form](#)

Faculty

The course is led by CAMH staff from diverse disciplines in health care, and who are members of the MI Network of Trainers (MINT), an international collective of trainers in MI.

Resources required

Live web-based sessions require a computer headset with microphone required

Contact

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